

Central Training 2016

Koryu Uchinadi Kenpo Jutsu

古流沖繩手拳法術

By Sensei Huub Meier (7e dan) and Sensei Bert Mollen (4e dan).

Dates :

16 January	20 February
19 March	16 April
4 May - 7 May European Gasshuku By Hanshi Patrick McCarthy	
8 May International Seminar	28 May
25 June	27 August
17 September	22 October
19 November	17 December

Training : 10:00 – 12:00 hr

Program : Curriculum Koryu Uchinadi : Tegumi drills, 2 person drills (Futari geiko), Kata and Kata application, Specific Techniques (Kansetsu, Shime, Nage-, Ne-, Uke- Gyaku-waza) and coaching on individual training programs.

Participants : Martial Arts practitioners interested in working outside the box

Location : Koryu Uchinadi Honbu Dojo Nederland
Kruisstraat 2a; 5502 JE, Veldhoven (N-Br), The Netherlands.

Cost Central Training : Members: 7,5€; Others : 10€
Gasshuku is members only and will have a specific event timing and fee.

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www.koryu-uchinadi.nl

